
The Whole Person Recommends

Snatam Kaur's Sacred Chant Concerts with GuruGanesha Singh

I first began listening to Snatam Kaur's music in 2002, when a good friend sent me a CD; it was titled, "Prem," which means Love. The beautiful music and lyrics resonated with me from the first moment of listening, as in my own life I was balancing inner love, peace, harmony and my connection to the world around me. The music inspired me to realize that each of us has the power to bridge separation and connect with all things and to realize that my inner peace is also that which I shared with humanity.

Snatam was born with the gift of music. Even before the age of two, she was already immersed in a home where music was a part of everyday life. Her father played several musical instruments, and everyday her mother would sing devotional songs of the Sikh faith. Her name, Snatam, means Universal, nucleus and friend to all, and is truly personified by her voice and the themes present in her music.

This spiritually-gifted singer has dedicated her life to spreading peace and love throughout the world. In 2004, Snatam began the Celebrate Peace Tour to spread her inspirational message throughout the world. Snatam has toured all over the planet, sharing the sacred teachings of the Sikhs in the spirit of peace, making Snatam a musical missionary dedicated to bringing the experience of peace through music to cities all over the world. Putting her heart where her mouth is results in music that only a she can deliver. Much of the proceeds from her tours have benefitted schools, hospices, juvenile centers, and local communities — just as her music has benefitted many through its unifying melodies, blending audiences together as one, and helping people know that they are all connected.

Snatam uniquely and beautifully sings her spiritual practice (Sikh) in each and every song. To truly experience meditation via the musical experience, you must listen to her music with your heart and mind open, so as to receive the divine grace, love, and peace that music promotes. One can clearly hear and sense the connection between her music and spirituality in every song, giving listeners a sacred musical experience to celebrate the grace, love, and divinity within all beings, while simultaneously promoting the transformative power of peace.



This month, the very talented Snatam Kaur brings her Sacred Chants Tour with Guruganesha Singh — whom she has been touring with for more than ten years — to Encinitas, Los Angeles, Santa Barbara and several other northern California venues. Snatam Kaur and GuruGanesha Singh are dedicated Ambassadors for 3HO, a United Nations Non-governmental organization, supporting the UN's peace resolution their concerts. Both artists bring their combined years of experience and love of music creating a sacred atmosphere promoting peace worldwide.

Snatam's presence and serene, tranquil, soothing, and melodious voice will mesmerize audiences as she sings and chants devotional songs that spread a hopeful message and cultivate the practice of peace.

Snatam's music has been an inspiration to me for years. It cultivates inner peace and encourages the sharing of that peace with others, while recognizing we are all one. We all have the capacity to spread peace.

A complete list of concert dates, tickets, and CDs is available at www.SpiritVoyage.com/Snatam.

This article was a collaborative effort between Paris Chatman, artist and Djehuty Ma'atra, writer.